

## FREE EDUCATIONAL PROGRAMS

Employers and employees across Maryland can utilize Maryland Occupational Safety and Health's (MOSH) free educational program. Our educational program is designed to reduce occupational injuries and illnesses through education. Participants can enroll in half-day, full-day and two-day seminars at no cost. Seminars on this schedule are offered at the following locations:

1. MOSH, Hunt Valley
2. ABC of Metro Washington, Beltsville
3. Chesapeake College, Wye Mills
4. DLLR/Columbia Workforce Center, Columbia
5. Greenbrier State Park, Boonsboro
6. Harford Community College, Bel Air
7. State Highway Administration, Frederick
8. State Highway Administration, Hagerstown
9. Wheaton Westfield South Building, Wheaton

## HOW TO REGISTER

Register by mail, fax, or online. Send the form on the reverse page to:

Maryland Occupational Safety and Health  
Outreach Training and Education  
10946 Golden West Drive, Suite 160  
Hunt Valley, MD 21031  
[www.dllr.maryland.gov/labor/mosh/](http://www.dllr.maryland.gov/labor/mosh/)  
(410) 527-2091 phone / (410) 527-4490 fax

Information about program content is available on the MOSH website at:

[www.dllr.maryland.gov/labor/mosh/](http://www.dllr.maryland.gov/labor/mosh/)

You will be registered for any requested seminar unless specifically notified otherwise. In the event you are unable to attend, please contact MOSH.

Directions will be provided by email or fax one week prior to the course date.

For more information, please visit our website or call MOSH at:  
(410) 527-2091 or (410) 527-2092

## FREE CONSULTATION PROGRAMS

### Safety Pays

MOSH Consultation Services can help you create a safer and healthier workplace and improve your bottom line. Our experienced safety and health professionals will survey your workplace free of charge and teach you how to correct hazards and avoid any potential injuries.

1. Avoid fines and get an abatement period instead of a citation
2. Reduce preventable accidents and injuries
3. Reduce workers' compensation premiums
4. Decrease employee absence and turnover rates
5. Improve your bid for contract jobs by demonstrating your initiative and safety record

## HOW TO REQUEST A CONSULTATION

### How Does It Work?

#### **Contact MOSH Consultation**

Call (410) 527-4472,  
email [mosh.consultation@maryland.gov](mailto:mosh.consultation@maryland.gov) or visit us  
online at: [www.dllr.maryland.gov/labor/mosh/volc.shtml](http://www.dllr.maryland.gov/labor/mosh/volc.shtml)

#### **Receive an On-Site Survey**

Experienced professional consultants will meet with you to conduct an initial survey.

#### **Discuss Survey Results**

Once the survey is complete our MOSH consultant will go over every identified hazard with you. Your only obligation is to remedy identified hazards from the survey in an agreed upon time frame.

#### **Keep It Confidential**

All results of the survey are confidential and stay between you and Consultant.

PRSRT STD  
US Postage Paid  
Lutherville, MD  
Permit No. 255

Maryland Occupational Safety and Health  
Outreach Training and Education  
10946 Golden West Drive, Suite 160  
Hunt Valley, MD 21031



# FREE Safety and Health Educational Seminars for

*Employees and Employers in Maryland*



## January 2019 – June 2019

For more information about MOSH please log onto:

[www.dllr.maryland.gov/labor/mosh/](http://www.dllr.maryland.gov/labor/mosh/)

# MOSH Educational Programs and Registration Form

Check the box for each class desired

## Accident Investigation

- 1/15/19, 8:30am - 12:30pm, Hunt Valley

## ARTBA Preventing Runovers and Backovers –New

- 4/16/19, 8:30am - 12:30pm, Hunt Valley

## Bloodborne Pathogens

- 1/24/19, 8:30am - 12:30pm, Bel Air\*  
 4/22/19, 8:30am - 12:30pm, Wheaton

## Confined Space

- 2/20/19, 8:30am - 12:30pm, Hunt Valley

## Construction Site Safety I

- 1/29/19, 8:30am - 3:30pm, Beltsville  
 3/15/19, 8:30am - 3:30pm, Wye Mills\*

## Construction Site Safety II

- 2/28/19, 8:30am - 3:30pm, Beltsville  
 4/26/19, 8:30am - 3:30pm, Wye Mills\*

## Electrical Safety & Lockout/Tagout

- 2/26/19, 8:30am - 3:30pm, SHA, Frederick  
 4/18/19, 8:30am - 3:30pm, Hunt Valley

## Emergency Response & Disaster Preparedness

- 1/31/19, 8:30am - 3:30pm, Bel Air\*  
 5/31/19, 8:30am - 3:30pm, Beltsville

## Excavation Safety

- 3/4/19, 8:30am - 3:30pm, SHA, Hagerstown  
 3/29/19, 8:30am - 3:30pm, Beltsville  
 5/3/19, 8:30am - 3:30pm, Hunt Valley

## Fall Protection - Construction

- 2/22/19, 8:30am - 12:30pm, Hunt Valley  
 5/8/19, 8:30am - 12:30pm, Hunt Valley

## General Industry I

- 3/1/19, 8:30am - 3:30pm, Hunt Valley

## General Industry II

- 5/21/19, 8:30am - 3:30pm, Hunt Valley

## Hazard Communication

- 4/2/19, 8:30am - 12:30pm, Hunt Valley

## Heat Stress

- 6/4/19, 8:30am - 12:30pm, Hunt Valley

## Introduction to OSHA Recordkeeping

- 3/13/19, 8:30am - 12:30pm, Hunt Valley  
 6/5/19, 8:30am - 12:30pm, Hunt Valley

## Job Safety Analysis

- 6/11/19, 8:30am - 12:30pm, SHA, Hagerstown

## Machine Guarding and Preventing Amputations

- 2/5/19, 8:30am - 12:30pm, Columbia

## Occupational Exposure to Noise

- 3/11/19, 8:30am - 12:30pm, Hunt Valley

## OSHA 10 Hr Construction –2 Days

- 5/16/19 - 5/17/19  
8:30am - 3:30pm, Hunt Valley

## OSHA 10 Hr General Industry–2 Days

- 3/21/19 - 3/22/19  
8:30am - 3:30pm, Columbia

## Personal Protective Equipment

- 3/19/19, 8:30am - 12:30pm, Hunt Valley

## Powered Industrial Truck Safety

- 5/13/19, 8:30am - 12:30pm, Columbia

## Respiratory Protection

- 4/29/19, 8:30am - 12:30pm, Hunt Valley

## Scaffolding Safety

- 2/14/19, 8:30am - 3:30pm, Wheaton  
 5/29/19, 8:30am - 3:30pm, SHA, Frederick

## Seguridad en la Construcción (Construction Site Safety)

- 4/5/19, 8:30am - 3:30pm, Wheaton

## Silica in Construction –New

- 3/28/19, 8:30am - 12:30pm, Hunt Valley  
 4/10/19, 8:30am - 12:30pm, Hunt Valley  
 5/9/19, 8:30am - 12:30pm, Wheaton (*In Spanish*)

## Tree Care and Removal

- 4/12/19, 8:30am - 12:30pm, Wye Mills\*  
 6/13/19, 8:30am - 12:30pm, Boonsboro

## Walking - Working Surfaces

- 5/23/19, 8:30am - 12:30pm, Hunt Valley

## Workplace Hazard Assessment

- 1/25/19, 8:30am - 12:30pm, Hunt Valley  
 4/25/19, 8:30am - 12:30pm, Hunt Valley

## Workplace Violence

- 3/26/19, 8:30am - 12:30pm, Wheaton  
 6/7/19, 8:30am - 12:30pm, Bel Air\*

Register by mail, fax or online

If mailing or faxing, send this form to:  
Maryland Occupational Safety and Health  
Outreach Training and Education  
10946 Golden West Drive, Suite 160  
Hunt Valley, MD 21031  
www.dllr.maryland.gov/labor/mosh/  
(410) 527-2091 phone / (410) 527-4490 fax

Name \_\_\_\_\_

Title \_\_\_\_\_

Employer's primary business is

- Agriculture  Construction  Financial  
 Government  Manufacturing

Other: \_\_\_\_\_

Company/Agency \_\_\_\_\_

Address \_\_\_\_\_

City State Zip \_\_\_\_\_

County \_\_\_\_\_

Telephone \_\_\_\_\_

Fax \_\_\_\_\_

Email Address \_\_\_\_\_

Attendance at these sessions DOES NOT substitute for training required by OSHA/MOSH standards and regulations. These free seminars provide an overview of the specific topic and how to comply with applicable OSHA/MOSH standards. Note: Class, date and locations are subject to change. We will notify you as soon as possible if a change occurs. Employers with twenty or more registrants please contact us for additional information. \* Continuing Education Units (CEU's) will be given from certain colleges.

Use a separate form for each person registering.  
\*\* Please print all information legibly