State of Maryland Financial Resources & Services

DEPARTMENT OF HUMAN SERVICES RESOURCES & FINANCIAL ASSISTANCE

dhs.maryland.gov

DHS Website	The Maryland Department of Human Services (DHS) is the state's primary social service provider. Our mission is to aggressively pursue opportunities to assist people in economic need, provide prevention services, and protect vulnerable children and adults. DHS's website, **https://dhs.maryland.gov/**, hosts a wealth of information about the agency's many services and programs, as well as additional resources, for Maryland families and individuals in need of assistance: • DHS offers several financial assistance options to support individuals and families experiencing trying times. If eligible, you can receive cash assistance for rent, utilities, and many other emergency financial burdens. **https://dhs.maryland.gov/category/financial-assistance/.** • You do not have to weather the tough times alone. DHS services include, financial, medical, and more. Learn more at **https://dhs.maryland.gov/weathering-tough-times/.** • The Department of Human Services is providing updated information to Marylanders regarding our services, operations, and other important resources during the COVID-19 pandemic. Stay informed by visiting our Coronavirus Covid-19 Resources web page at **https://dhs.maryland.gov/coronavirus-covid-19-resources/.**
myDHR/ myMDTHINK Consumer Portal	Marylanders can get information, apply for DHS programs and services, and check the status of applications online at **mydhrbenefits.dhr.state.md.us/dashboardClient/#/home**
Supplemental Nutrition Assistance Program (SNAP)	The Supplemental Nutrition Assistance Program (SNAP), formerly known as food stamps, helps low-income households buy healthy food. **Click here to download the Income Guidelines**. Apply online: Go to **https://mydhrbenefits.dhr.state.md.us/**. People who have little or no money may qualify for SNAP benefits right away.
Temporary Cash Assistance (TCA)	TCA provides temporary cash assistance to families with dependent children. TCA also prepares participants for independence through work programs. **Click here to download the Income Guidelines.** Apply online: Go to **https://mydhrbenefits.dhr.state.md.us/** to file your application.
Office of Home Energy Assistance Programs (OHEP)	OHEP offers help to Marylanders who are facing potential energy shut-offs or having difficulty paying their energy bills. You do not need a turn-off notice to qualify for assistance; eligibility for energy assistance is based on your income. Please also contact your Local Home Energy Program Office at **https://dhs.maryland.gov/office-of-home-energy-programs/local-home-energy-program-office/** to speak to a dedicated OHEP specialist who will guide you through all your options for energy assistance. Learn more about energy assistance at **https://dhs.maryland.gov/office-of-home-energy-programs/**
Emergency Cash Assistance to Families with Children (EAFC)	EAFC provides cash assistance to families who have at least one child under the age of 21 living with them, and need emergency paying rent, utilities, or other urgent bills. Apply online: Go to **https://mydhrbenefits.dhr.state.md.us/** to file your application.

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Temporary Disability Assistance Program (TDAP)

TDAP provides financial assistance for low-income, disabled Marylanders during periods of short-term disability or while they are awaiting approval of federal disability support. **Click here to download the Income Guidelines.** Apply online: Go to **https://mydhrbenefits.dhr.state.md.us/** to file your application.

Emergency Food Assistance (TEFAP)

TEFAP is a collaborative effort between the Department of Human Services, the Maryland Food Bank (MFB), and the Capital Area Food Bank (CAFB) to alleviate hunger among low-income Maryland residents. TEFAP resources can be accessed in addition to receiving ongoing SNAP benefits. To find a MFB location near you, visit **https://mdfoodbank.org/about/locations/**. CAFB serves households in Prince George's & Montgomery Counties. To find a CAFB location near you, click: **https://www.capitalareafoodbank.org/what-we-do/direct-food-distribution-programs/**.

Pandemic-EBT (P-EBT)

Pandemic EBT or P-EBT provides financial assistance to households with children who no longer have access to free and reduced school meals due to COVID-19 related school closures. Eligible households whose children are attending school virtually are also eligible for P-EBT. You do not have to apply for P-EBT. School enrollment data is used to identify eligible students and send P-EBT cards to their homes. Learn more about P-EBT at **https://dhs.maryland.gov/p-ebt/**.

Public Assistance to Adults (PAA)

PAA provides for the cost of care and a personal needs allowance for individuals who live in assisted living facilities licensed by the Maryland Department of Health (MDH) or in Certified Adult Residential Environmental homes (also known as Project Home). Recipients are also eligible for Medical Assistance. **Click here to download the Income Guidelines.** Apply with your local Department of Social Services: **Click here** to **access contact information for your local department. Click here** to **download the application.**

Child Support Services (CSA)

Every child has a right to receive support from both parents. The Maryland Child Support Administration (CSA) works with parents to ensure financial and medical support are provided to help children grow and thrive. Learn more or apply today at **https://mydhrbenefits.dhr.state.md.us/dashboardClient/#/home.**

Child Support Administration (CSA) - Noncustodial Parent Employment Programs

CSA assists unemployed or underemployed noncustodial parents in establishing regular child support payments by obtaining and maintaining unsubsidized, competitive employment. Learn more at **https://dhs.maryland.gov/child-support-services/paying-support/noncustodial-parent-employment-programs/**.

Child Support - Order Modification

You may request a review for a modification of your child support order if there is a change in circumstances since the order was entered. Examples of a change include a significant change in income; a change in work-related daycare costs; a change in health care costs; a change in custody; or, a change in the financial needs of the child. Learn more at **https://dhs.maryland.gov/documents/COVID-19/Fillable%20Modification%20Packet%2006112020.pdf.**

Transportation Assistance

Through a network of partners across the state, DHS's Transportation Assistance Program provides reliable used vehicles to eligible low-income families for two years or 24,000 miles. Click here to learn more about how to request a car from Vehicles for Change or go to **https://www.vehiclesforchange.org/eligibility/**

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DEPARTMENT OF LABOR RESOURCES & SERVICES

labor.maryland.gov

American Job Centers

Are you looking for a job or interested in getting training? Maryland has 30 American Job Centers located across the state staffed with qualified professionals ready to provide job seekers with a full range of assistance and programs to help them find employment. Find your local American Job Center by visiting **labor.maryland.gov/county.**

Maryland Workforce Exchange

The Maryland Workforce Exchange is an online portal that helps connect businesses and job seekers. Explore new careers, apply for jobs, create resumes, find education and training programs, and more by visiting **mwejobs.maryland.gov**.

Financial Relief Guide for Marylanders

The COVID-19 Financial Relief Guide summarizes some of the many financial relief programs and consumer protections that are available for Maryland residents and their families. Topics include mortgage payments and foreclosure, rental evictions, student loan payments, and more. Access the guide by visiting **http://labor.maryland.gov/finance/consumers/frfinancialreliefguidecovid.pdf.**

DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT RESOURCES & SERVICES

dhcd.maryland.gov

Homelessness Solutions Program (HSP)

Through the Homelessness Solutions Program, the Maryland Department of Housing and Community Development (DHCD) provides federal and state funding to support the local Continuum of Care's (CoC) crisis response for people who are homeless or at-risk of homelessness. This includes housing stabilization services, such as rapid re-housing and homelessness prevention; operating costs and client services at emergency shelters, and outreach services for people who are unsheltered.

If you are experiencing homelessness or at risk of, please call 2-1-1 and contact your nearest **CoC** for assistance. For a list of local Continuum of Care (COC) agencies by jurisdiction, please visit **https://dhcd.maryland.gov/HomelessServices/Documents/CoC-contact-information.pdf**

*Please note: if a **link** to a site doesn't work, simply copy the website address and paste it into a Google search*

Maryland DEPARTMENT OF LABOR

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